

Basis

In Place of Banana Sprout can also be given.

Morning

Banana / Sprout, Tea

Snacks

Tea / Buttermilk / Nimbu Pani / Rasna.

Wednesday Dinner - Watermelon in place of Sweet.

GVEG

1. Red Pumpkin Chana with Masoor Dal Bori
 2. Lauhi Chana
 3. Aloo Karela Fry
 4. Aloo Paraal
 5. Aloo Jackfruit
 6. Aloo Papaya
 7. Bhindi Fry
 8. Stuffed Tomato
 9. Aloo Barbati
 10. Green Banana Kofta
 11. Kadhi Pakora
 12. Dal Makhani
 13. Chana Masala
 14. Soybean Curry
 15. Rajma Curry.
 16. Baigan Bharta or Aloo Begun.
- ① Duleed Sun.
 - ② Dileep Kumar Paul
 - ③ ~~for~~ Dishel
 - ④ P. & M. is
 - ⑤ Hansi Shalika Prasad
 - ⑥ P. Kumar.

(G Sec Mess)

1) Zepel (MMM)
30/3/2017

2. Aaryama (Gokhale)
30/3/17
(U. Sec. Mess)

3. Chinmy Mumbal (BRH)
(G. sec/Mem)

4. Ashwani Kumar
(G. Sec. / JCB Hall)

5. Bhim Singh - Pohn
G. Sec Mess - VS Hall.

6. SWASTIK SAIN - Swastik
G. Sec Mess - MS Hall

7. Anand Tiwari
G. Sec mess - L. B. S Hall.